

THE POWER OF NEGATIVE THINKING

Craig Bizzarro

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But then some important research came along that muddied the rosy picture. All that said, on the whole my experience tells me that positive mindsets yield better results than negative. The more America is cajoled, coerced, badgered and bullied into forsaking the In another, participants who fantasised about their goals for the coming week felt less energetic and achieved fewer of their goals. Meanwhile, studies of successful entrepreneurs, undertaken by the business professor Saras Sarasvathy, reveal that they rarely stick rigorously to detailed, multi-year business plans.

[Click here to watch the video about our newest idea, and to donate.](#) But I do think the US government is superficial. Although research suggests that reminders of death can prompt people to behave more aggressively, there is also evidence that, in the right contexts, remembering our mortality triggers compassion.